

École Isabella Dicken Elementary School

1301 2nd Avenue, Fernie BC http://www.sd5.bc.ca/school/ides/Pages/default.aspx T: 250-423-4651

Principal's Message

I can't believe we are in the month of March. The winter months are slowly coming to an end. March Break is right around the corner, with spring hopefully not too far behind!

We had our Pink Shirt Day on February 23. A day when people wear mainly a pink shirt to symbolize a stand against bullying, an idea that originated in Canada. We had our first school assembly in the gym in over two years on Friday, February 25 with a continuation of the message of being kind and being an upstander and highlighting the uplifting impact of including others

A big shout out to our Grade 6 Panther basketball players. We held a pep rally on March 7 to cheer on our basketball players before their basketball tournament. The Elk Valley tournament will be held Thursday, March 10. The girls will be in Elkford at RMES and the boys will be playing at FJMES in Sparwood. We are finally allowed spectators at the tournament. Go Panthers!

A big thank you to our coaches! We really appreciate what you have done for our teams this season. You have devoted so much time and effort to making our basketball teams a success. You teach sportsmanship, fair play, and many values that students will need throughout life. Thank you again for donating so much time to the team.

If you have any questions or concerns about your child's progress at any time during the year, please contact your child's teacher to discuss concerns. Good two-way communication between families and schools is necessary for your child's success. Not surprisingly, research shows that the more parents and teachers share relevant information with each other about a child, the better equipped both will be to help that child achieve academically, and socially.

Wishing you all a wonderful, safe, and healthy Spring Break!

Sincerely,

Laura-Lee Phillips & Janet Kuijt Admin Team







IMPORTANT NOTES FROM OUR OFFICE

ABSENCES

The SchoolMessenger app is up and running. If you know your child will be absent or late from school, please use the app. You may also call the office at 250-423-4651 or email ides.mailing@sd5.bc.ca before 9:00 am. Your help with this will save our secretaries a lot of time as they make a call home for every unreported absence to ensure the child is safe. If you haven't downloaded the app please read the information provided in this newsletter. Thank you.

VISITORS

For safety reasons we ask that all visitors sign in at the main entrance off 2nd Avenue. While in the building masks are mandatory. Thank you.





MASK MANDATE

All K -12 staff, visitors, and Kindergarten – Grade 12 students are required to wear masks - indoors and on buses. Thank you.

COURTESY BUS RIDERS

Due to a bus overloading situation, we are no longer able to allow courtesy bus riders to be transported on school buses from ÉIDES. Safety for our students is our utmost concern and an accurate passenger list is essential. Only students registered with the bus department will be allowed to ride our buses. If you have any questions, you can call the bus department at: 250-423-5885 EXT 223.

VERIFICATION OF PERSONAL INFORMATION

We are asking families to **update any changes** to their contact information (emails, phone numbers, emergency contacts, address etc.) as soon as applicable. Please email any updates to ides.mailing@sd5.bc.ca

ÉIDES IS A "PEANUT & NUT FREE" SCHOOL

PLEASE DO NOT send ANY product to school that contains peanuts or nuts. ÉIDES has several children and staff who have a severe life-threatening food allergy (anaphylaxis) to peanuts and nuts, which can cause a severe reaction to specific foods and can result in death within minutes.

MEDICAL ALERTS

If your child has a medical condition that requires special attention (i.e. life threatening allergy or carries an epi pen) PLEASE ensure that you inform us. We have a Medical Alert policy and planning forms for parents to sign in order to help us provide any necessary care.



TRAFFIC SAFETY

Morning drop off and after school pick up times are very busy and continue to create safety concerns. Please help us keep everybody safe by helping with the following:

- Remind your child to use the crosswalk properly and to look both ways before crossing.
- Please do not stop or block crosswalks with your car.
- Please do not block driveways with your car.
- We ask that you DO NOT bring your dog onto the playground.
- Bikes and scooters need to be walked through the playground, on sidewalks and crosswalks.
- Remind your child of bicycle safety rules especially for riding on the streets.
- The staff parking lot is for STAFF only; please do not use it as a drop off spot.
- Please DO NOT park in the STAFF PARKING lot.
- Please do not linger in drop off/pick up zones during peak times.
- Please respect the no stopping and handicap parking zones.
- 13th Street is a bus zone **DO NOT** use it for drop off or pick up.
- Please NO U-Turns in School Zones
- Please DO NOT IDLE cars while parked in front of the portables

The four seasons



Change of Seasons

Spring will soon be upon us.

Students must come to school dressed for all weather and prepared to be outside.

Students will be kept indoors during the winter months when the temperature is -20° Celsius or colder. The wind chill factor will be taken into consideration. Keeping the students in will be at the discretion of the lunch hour supervisor, Vice-Principal or Principal. When cold weather persists for several days we keep the students mostly indoors but will send them out for 15-20 minutes over the lunch break to get a little fresh air and exercise. We find that students become very restless if they stay in too often. So please come prepared.

DATES TO REMEMBER

SD5 Annual School Calendar:

http://www.sd5.bc.ca/school/ides/About/calendar/Pages/default.aspx

ÉIDES School Calendar on Website: http://www.sd5.bc.ca/school/ides/Pages/default.aspx

March

Thursday, March 10 Girls and Boys Basketball Tournament (RMES and FJMES)

Friday, March 11 Last day before Spring Break

Monday, March 14 – 25 Spring Break

Monday, March 28 First Day back after Spring Break

Monday, March 28 Reading Log Pickup

April

Monday, April 11 Reading Log Pickup
Friday, April 15 No School – Stat Holiday
Monday, April 25 No School – Stat Holiday
Monday, April 25 No School – Bro D

Monday, April 25

Tuesday, April 26

Tuesday – Friday, April 26 – 29

No School, Pro-D

Reading Log Pickup

Early Dismissal

May

Thursday, May 5 Ready Set Learn

Friday, May 13 Kikomun Cross Country Race

Friday, May 20 No School

Monday, May 23 No School – Stat Holiday Friday, May 27 EIDES School Track Meet



<u>École Isabella Dicken Elementary School</u> <u>Daily Bell Schedule</u>

Please come as close to the bell as possible. Thank you.

8:20 - 8:50 Morning Supervision #1 8:40 - 8:50 Morning Supervision #2

8:50 Welcome Bell / Students Enter

8:55 Classes in Session

| Recess | |
|-------------|--|
| 10:15-10:30 | Kindergarten & Gr. 1 on the primary playground |
| | Grade 5 – 6 on the intermediate playground |
| | Grade 1/2 – 2 on the primary playground |
| | Grade 3 – primary or intermediate |
| 10:30-10:45 | |
| | Grade 3/4 -4/5 on the intermediate playground |

| 10.00 10.40 | Grade 3/4 -4/5 on the intermediate playground | | | | |
|-------------|---|-------------|----------------------------|--|--|
| 12:15-1:05 | Lunch | | | | |
| Lunch | K-1 & 1/2 | 12:15-12:40 | Outside primary playground | | |
| | | 12:40-1:05 | Lunch | | |
| | 2-3 | 12:15-12:40 | Lunch | | |
| | | 12:40-1:05 | Outside primary playground | | |
| | | | 3s allowed on intermediate | | |
| | 3/4-4/5 | 12:15-12:40 | Lunch | | |
| | | 12:40-1:05 | Outside intermediate | | |
| | playgr | ound | | | |
| | Gr 5 – 6 | 12:15-12:40 | Outside | | |
| | | 12:40-1:05 | Lunch | | |

1:00 pm Welcome Bell 1:05-3:05 Classes in Session





Parents, if your child is missing something the lost and found is on the wall by the gym doors. Please have them check when going into the gym.

Thank you.

One to One Reading Program

Our One-to-One Reading Program is starting up again after the Spring Break. If you are interested in becoming involved with this program, please contact our school. 250-423-4651 or emailing ides.mailing@sd5.bc.ca

Student Learning Survey 2021/2022

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

Early in 2022 the Student Learning Survey will be administered to students in grades four, and their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province – in addition, questions from the school and/or district that focus on local conditions or issues may be included.

The survey can be completed electronically and can be accessed on the Internet at http://www.bced.gov.bc.ca/sat_survey. Any computer with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link with or without an anonymous logon code by selecting the school district and school name where your child attends school. Provincial, District and School Reports for previous years can be viewed at the same site under the Results section.

The e-survey site will be open until April 29th.

If you have any questions, please contact the school at 250-423-4651.

Environment Club

The École Isabella Dicken Elementary Environment Club is an active group of students who are engaged in finding ways to help our environment locally and beyond. We have been hard at work since last winter with many projects from reducing waste in school lunches, challenging students and staff to Go By Bike, and planting trees in our schoolyard (which unbelievably made it through the summer thanks to dedicated waterers!). This fall our club members worked hard to create awareness around plastic bag use and the detrimental effects of single use plastics in our community and in the wider world. We recently created a video showcasing our concerns that was then presented to City Council. Hopefully with this we can make a difference!

Our next project is one that will help protect biodiversity in our community. With generous donations and volunteer time, we will be creating nesting boxes to help bird species like Tree Swallows, Violet-Green Swallows, Red-Breasted Nuthatches, and numerous types of Chickadees. This will give these birds a safe place to incubate their eggs during nesting season, increase the populations of these birds, provide us with viewing opportunities, and maybe even reduce annoying insects during the spring!

If you are interested in joining the École Isabella Dicken Elementary Environment Club, meetings are Tuesdays at lunch, usually in the library. Come join us anytime!

Youth Care Workers and the ABED Support Worker are expanding Build it Club!

Build it buddies has become quite a popular play group amongst our panthers here at EIDES and we would like to provide this program to more builders within our school. Recently, our Aboriginal Support Worker has provided our older build it friends with some more advanced building projects which has been amazing, but Lego is still one of their favourites!

To expand the program, we will need more Lego which can be quite expensive to acquire. So, we are reaching out to parents who might have extra Lego supplies! Please contact the school if you would like to donate your Lego, I know our builders would really appreciate the help!

RUNNING CLUB

We've been running through all kinds of weather recently. Please remember to pack an extra pair of socks for those wet days. It is looking like the Kikomun race is going to be happening this year (Friday, May 13). Please remember that any running club members who would like to join us on this fun race day, must have completed 42 kms (a marathon) and must commit to running with us regularly after spring break.

We love all of your amazing Panther Running Club spirit!

The Running Club Team!



FROM THE COUNSELLOR'S OFFICE

With many of our classes starting friendology this month, we wanted to share this program with the adults to create a common language. Please check out the images below for some of the key concepts we are teaching school wide this year at EIDES. Want to know more? URStrong has a family membership at no charge so you can watch videos with your child and have resources to support your student in the ups and downs of friendship. Here is the link: https://urstrong.com/parents/



ÉIDES Easter 2022 Fundraiser

Brought to you by Fernie's own



Please keep your eyes peeled!
We are finalizing our product list and details about this fundraiser will be coming soon.
Orders will be due - 28th March 2022



WELCOME TO FRANK J. MITCHELL'S BASKETBALL TOURNAMENT: HOME OF THE WOLVES

Thursday, March 10, 2022

| EAST ELEMENTARY TOURNAMENT SCHEDULE 2022 HOSTED BY FJMES *the first team listed for each game is the home team* | | | | | | | | |
|---|---|---------------|----------|--|--|--|--|--|
| Girls @ RMES | Girls @ RMES Time Boys @ FJMES Time | | | | | | | |
| RMES vs EIDES | 8:30 AM | JES vs EIDES | 8:30 AM | | | | | |
| FJMES vs JES | FJMES vs JES 9:45 AM RMES vs EIDES 9:45 AM | | | | | | | |
| RMES vs JES | RMES vs JES 11:00 AM JES vs FJMES 11:00 AM | | | | | | | |
| EIDES vs FJMES | 12:30 PM | RMES vs JES | 12:30 PM | | | | | |
| JES vs EIDES | JES vs EIDES 1:45 PM FJMES vs EIDES 1:45 PM | | | | | | | |
| FJMES vs RMES | 3:00 PM | FJMES vs RMES | 3:00 PM | | | | | |

Strong Start



StrongStart is an Early Learning program that helps young children get prepared for Kindergarten. We run Monday-Thursday mornings. If you would like to register or would like more information, please email jodie.parker@sd5.bc.ca

Zoom Storytime also takes place Friday mornings at 10am. Join us for some interactive songs and stories.



School District 5 Introduces SchoolMessenger

Continuing to foster and enhance ethical communication between the School District and all learners, students, staff, parents and community in a timely and inclusive manner.

School District 5(Southeast Kootenay) is launching SchoolMessenger for communication with parents. SchoolMessenger is a communication platform that allows our schools and district to send out mass communications to parents/guardians using multiple methods simultaneously. The SafeArrival system provides parents with a faster and easier way of reporting absences.

The benefits of SchoolMessenger include:

- Parents can choose how to be notified (email, phone call, text message)
- Absences are easier to report at 1-(833) 566-1225, on the app or website)
- More timely notification in an emergency
- Schools can respond faster when a student is unexpectedly absent and may be missing

SchoolMessenger Communicate

SchoolMessenger Communicate is an automated notification system used to send out general announcements.



As a parent/guardian, you can decide how you want to receive announcements (email, phone call, and/or text message.

There is nothing you need to do to receive announcements from the school. You can customize how you receive what kind (General, Emergency, or Attendance) announcements. For example, you may only want to receive general announcements (upcoming events, newsletters, etc.) via email, but you might want attendance info to come as a text message so that you see it right away.

You can set up your Smartphone or Android phone app or website account right away to make sure you are ready when we launch SchoolMessenger Communicate and SafeArrival:

- Using your mobile device, download and install the <u>School Messenger app</u> from the <u>Apple App Store</u> or the <u>Google Play Store</u>. The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
- Use the <u>Safe Arrival website</u>. The first time you use the website, select <u>Sign Up</u> to create your account. Select Attendance then Report an Absence.





Please get in touch with your child's school if your contact information (email or phone number) has recently changed so SchoolMessenger has the most current information on file.

SchoolMessenger SafeArrival

One of our greatest priorities is ensuring that all our students arrive safely to school every day. To enhance our existing absence-checking procedure School District 5 (Southeast Kootenay) is introducing a new, more efficient student absence

reporting system called SafeArrival. This new system will reduce the time it takes to verify student attendance, making it easy for you to report your child's absence and easy for staff to respond to unreported student absences.

It is also used to contact parents and guardians when a child is absent (if the absence was not reported in advance). The automated notification system will attempt to contact parents/guardians at multiple contact points until a reason is submitted for the absence. If our system is unable to reach the designated contacts, office staff will follow up.

If you report your child's absence in advance using the SafeArrival toll-free number, website or mobile app, you will NOT receive these notifications.

With SafeArrival, you are asked to report your child's absence in advance using any of these 3 convenient methods:

- Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google Play Store. The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
- Use the SafeArrival website. The first time you use the website, select Sign Up to create your account. Select Attendance then Report an Absence.
- Call the toll-free number 1-(833) 566-1225 to report an absence using the automated phone system.
- Contact your child's school directly to report an absence.

The SafeArrival options are available 24 hours/day, 7 days a week. Future absences can be reported at any time up to a maximum of 10 consecutive days. It is important to note that when setting up your account, you must register using the email address and phone number associated with your child's MyEducation BC account.

SchoolMessenger SMS

Opt In



*if your number is Canada-based.

Yours truly,

School District 5 (Southeast Kootenay)

You will receive a text message requesting you to opt into your school or School District 5 text message alert service. This number was provided through your contact information in MyEducation BC.

If you would like to continue receiving messages from your school or district you must reply affirmatively with one of the opt-in key words. Simply reply to the original message (or send a text message to 978338 in Canada) with either the words "opt in" or "subscribe".

If you do not receive a text message, you still can participate in SchoolMessenger SMS(ShortMessageService), known as "text messages" from your cell phone by texting "Y" or "Yes" to 978338. Standard message and data rates may apply.

- For help information, text HELP, INFO, AIDE to 978338.
- To opt out at any time, text STOP, END, CANCEL, QUIT, UNSUBSCRIBE, ARRET to 978338.

Participating carriers: Rogers Wireless, MTS, Bell, Sasktel Mobility, Telus Mobility



School District 5 Southeast Kootenay - Back to School 2021-2022

Safety is our Priority

Students and staff can safely participate in fulltime, in-class instruction in accordance with current public guidelines for schools. All members of our School District 5 Southeast Kootenay (SD5) community have a shared responsibility to protect themselves and others from the spread of COVID-19, or any other communicable disease. A detailed Communicable Disease Plan is part of SD5's commitment to promote the health and safety of all employees, students, and visitors by providing information that can be used to prevent the contraction and spread of communicable diseases, and to guide appropriate responses.

Our plans are based on current guidance from the BC Centre forDisease Control (BCCDC).

Supportive Environments

- . Supporting the health and well-being of students, staff and families continues to be our top priority.
- Addressing pandemic impacts on student learning and well-being, with a focus on the "whole child" including literacy, numeracy, social-emotional development and mental health.
- · Providing inclusive and compassionate learning environments through trauma-informed practices.
- · Implementing strategies to routinely support students to practice personal prevention

Guidelines

- All K -12 staff, visitors, and Kindergarten -12 students required to wear masks - indoors and on buses
- and on buses

 Daily health check K-12 Health Check

 App. Self- Assessment Tool, or BCCDC's

 "When to get Tested"

 Don't come to school when sick seek
 guidance

 Daily attendance management

 Daily cleaning & disinfecting 1x/day

- Hand hygiene & respiratory etiquette be diligent! Ventilation & air exchange
- Case & contact management directed by
- public health Health and safety orientation for staff & students

- Vaccinations the most effective way to reduce the risk of COVID-19. Available for
- ages 12 and older
 Full operation of all school spaces gyms,
 libraries, washrooms, water fountains etc.
 Extra-curricular activities & sports resume
 Regional health measures as needed

- Gathering & events resume in alignment with PHO orders
- Visitors are welcome following safety guidelines; appointments encouraged

No longer

- Cohorts/Learning Groups
- Physical Distancing of 2m

All members of the SD5 community are expected to follow the SD5 Communicable Disease Plan in conjunction with the BCCDC Public Health Guidelines for K-12 Schools, and the Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings. All employees are expected to read, know and organize their these guidelines.

| BRITISH COLUMBIA | DAILY HEALTH CHECK |
|---|--|
| KEY SYMPTOMS OF ILLNESS | WHAT TO DO |
| Fever (above 38°C) Chills Cough Difficulty breathing Loss of sense of smell or taste | If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps. |
| OTHER SYMPTOMS | WHAT TO DO |
| Sore throat Loss of appetite Headache Body aches Extreme fatigue or tiredness Nausea or vomiting Diarrhea | If yes to 1 symptom: Stay home until you feel better. If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps. |
| INTERNATIONAL TRAVEL: | WHAT TO DO |
| Have you returned from travel outside Canada in the last 14 days? | If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption. Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival, as part of federal requirements. |
| CLOSE CONTACT | WHAT TO DO |
| Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19? | If yes: Follow the instructions provided by Public Health. |

You can also check your symptoms with the $\underline{\text{K-12 Health Check}}$ or the $\underline{\text{BC Self-Assessment Tool}}.$

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

 $\label{eq:control_problem} \mbox{Visit the } \mbox{\cite{BC Centre for Disease Control website}} \mbox{ for more information on COVID-19}.$

Please check BCCDC's <u>Symptoms of COVID-19</u> regularly to ensure the list is up to date.

Updated September 22, 2021

School District 5

2021-2022 Amended Annual School Calendar

| January 2022 | | | | | | | |
|--------------|----|----|----|----|----|----|--|
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| 16 | 17 | 18 | 19 | 20 | 21 | 22 | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | |
| 30 | 31 | | | | | | |

| | February 2022 | | | | | | | |
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| | March 2022 | | | | | | | |
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| 20 | 21 | 22 | 23 | 24 | 25 | 26 | | |
| 27 | 28 | 29 | 30 | 31 | | | | |
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| | April 2022 | | | | | | | |
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| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | |
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| | May 2022 | | | | | | | | |
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| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | |
| 29 | 30 | 31 | | | | | | | |

| | June 2022 | | | | | | |
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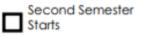
School Breaks

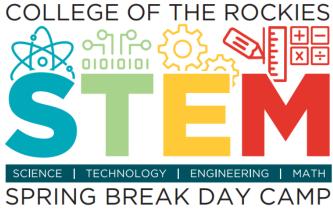


Professional Development Days









MARCH 14 - 18, 2022

8:30 am - 4:30 pm | Monday - Friday

This Spring Break, take your child's learning to new heights with a hands-on approach to STEM!

Our interactive camp-style Science, Technology, Engineering and Math (STEM) lesson plans are perfect for fostering a love of learning beyond the classroom.

Students will be engaged through playful, hands-on STEM learning with fun and engaging projects to help keep them focused and enthusiastic.

College of the Rockies follows the guidance and recommendations from BC's Provincia Health Officer, the BC Government, WorkSafeBC and Interior Health to ensure the healt and wellbeing of students, employees and visitors. Camp attendees will be required to JUNIOR ROBOTICS AND STOP MOTION Ages 6 - 8 | \$495

CATAPULT CHALLENGE CAMP Ages 8 - 11 | \$495 Cranbrook Public Library

ENVIRONMENTAL OUTDOOR SCIENCE CAMP

Ages 6 - 12 | \$395 College of the Rockies Cranbrook Campus

MAGICAL MATH CAMP Ages 7 - 11 | \$395 College of the Rockies Cranbrook Campus

For more information and how to register: cotr.ca/stem-camp

In partnership:















Kindergarten Immunization Clinic Days

Children entering Kindergarten (4-6 years) are eligible for their school entry booster immunizations. Please call the Fernie Health Unit to register for one of the clinic dates that are specifically for Kindergarteners!

In Fernie on March 14th, 21st and 28th.

Unsure if your child's immunizations are up to date? Had your child immunized in another province?

Call the Fernie Health Unit at 250-423-8288 to inquire and talk to a public health nurse.

We are hiring

Casual On-Call Opportunities for the upcoming 2021/2022 school year:

► Education Assistants ► Clerical

▶Custodians **▶**Bus Drivers



Visit our website at www.sd5.bc.ca

Deputy Minister's Bulletin



Ministry of Education

Special Update – March 1, 2022 Addressing the Conflict in Ukraine

FOR INFO, SUPERINTENDENTS: The invasion of Ukraine may resurface difficult feelings and trauma for students, teachers, staff and families. The Ministry encourages you to be mindful of how these troubling events may impact you and those around you. In this uncertain time, please continue to prioritize mental health and the well-being of students, their families, teachers and staff. Conversations about significant global events can be challenging, however it is important that children have caring adults around them to help make sense of the world and feel safe. The following resources provide tips for teachers and parents that we hope are helpful for your schools.

<u>How to Talk with Students about the Russia-Ukraine War</u>: Includes 5 tips to help teachers and principals talk to students thoughtfully and appropriately about what is going on in Ukraine.

<u>How to Talk to Kids About Violence, Crime, and War</u>: Common Sense Media gathers tips and conversation starters to help you talk to kids of different ages about the toughest topics.

Resilience in a time of war: Tips for parents and teachers of elementary school children: This article from the American Psychological Association can help adults guide their young children beyond fear and to resilience.

Resilience in a time of war: Tips for parents and teachers of middle school children: The American Psychological Association breaks out tips and strategies for parents and teachers of middle school-aged children.

<u>National Child Traumatic Stress Network</u>: Provides resources that can be filtered by topic or keyword and by audience with a focus on how adults can identify traumatic responses in young people and how to support them.

Christina Zacharuk Deputy Minister





