



# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

Grade 8

## Learning Opportunities for the Week of: May 19-22

Please refer to the learning plan mapped out below to establish a routine for your child during the time away from in class instruction. Please keep in mind your child's learning will look different and is **not meant to be a stressful experience**. Try picking one subject a day!

### LITERACY/LANGUAGES (30-45 minutes per day):

You are writing your own SLAM poem this week!

#### 1. Read:

**FIRST I WILL ...** Read- **Digital Poet** (located at the **END** of this document). If you would like help writing, there are a few online sources to help you if you need a starting point. (here's one <https://powerpoetry.org/actions/5-tips-slam-poetry> )

Remember, slam poetry does not have to rhyme. It is a free verse style poem with as many stanzas as you wish. It is meant to create an idea/picture about a topic. **Use one of your 5 ideas** based on the "Ideas to Change In the World" lesson from a few weeks ago **before** you watch any slam poems.

#### 2. Do:

##### FINALLY I WILL...

Create my own slam poem (3 min NO MORE). (Record yourself speaking slowly as if you would perform it.)

**HAND IT IN:** Submit either a recorded version (tik tok, phone video, etc) or written version to the portal. You can perform it for parents or siblings because slam poetry is meant to be SPOKEN.

\*\*\* Final for the poetry section (short and sweet and different!)

### NUMERACY (30-45 minutes per day):

#### 1.

##### FIRST I WILL ...

- Work on my **Mathletics** for **15 mins per day**, or until I have finished 2 sets of 10 questions.
- I will also complete the **MATH worksheet "Mini Project #2: Going out to Dinner"**.  
\*\*Please **scroll** to the **bottom** of this document to locate the math worksheet. The worksheet will also be on the Gr. 8 LO portal page\*\*\*

#### 2.

##### FINALLY I WILL...

**POST** my completed worksheet on my portfolio in the portal labeled **MATH – WEEK 7**.

As always, if you have any questions, feel free to email Mr. Hawke.

[orrin.hawke@sd5.bc.ca](mailto:orrin.hawke@sd5.bc.ca)



# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

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## **SOCIAL STUDIES:**

### **1. FIRST, I WILL...**

Read the information on The Renaissance and The Reformation (see links below)

[Renaissance](#)

[Reformation](#)

### **2. FINALLY I WILL ..**

Choose at least three important people from the list given on Ducksters. What skills did they have that rendered them a “Renaissance Man”? (you may have to review the definition in the reading)

What are skills that you have that make you a contemporary Renaissance person? Give specific examples of things that you can do or have done. Please post this in your portfolio with the heading Socials Week 7.

## **SCIENCE/INVESTIGATE/EXPLORE:**

### **ACTIVITY TITLE: THE EFFECTS OF BLUE LIGHT**

- 1. If you are like most people, you spend a lot of time in front of one or more types of electronic devices. These can include phones, TV's, tablets, and computers. Digital screens put out all colours of visible light, but they especially put out a lot of blue light. Blue light carries much higher energy than other colours of visible light. In fact, blue light is called high energy visible light, or HEV for short.**
- 2. Read this page on the following website:**  
<https://www.allaboutvision.com/en-ca/digital-eye-strain/blue-light/>
- 3. Write 1 paragraph, (5-8 sentences) on how you feel about the effects, both positive and negative, of blue light. Please post your paragraph to the portal.**

## **CREATE:**

- 1. FIRST, I WILL...** Watch the video clips on how to make seedlings at home:

<https://www.facebook.com/FirstMediaBlossom/videos/369084673772697/>



# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

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#### 2. **FINALLY I WILL...**

- Try the methods shown on the video to replant your favorite fruits and vegetables,
  - Ask our gardening team (family at home) to help:
    - Collect seeds
    - Use the materials shown on the video, and follow the steps to grow your seedlings with solid roots, and
    - Plant your rooted seedlings into a pot of soil or start a garden in your yard.
- Be patient and see if you can successfully grow fruits and vegetables that you can eat eventually.
- Show us how your garden grows. Post a photo(s) on the portal.

#### **OUTDOORS/HEALTHY LIVING:**

##### **FIRST, I WILL...**

1) Complete the **Physical Activity Log for May 18-25** for 3 to 6 days **OR** complete the **Geocaching assignment**; both are found on the SD5 portal (log is also below). Any physical activity is acceptable for your PE log!

2) **Watch** the VIDEO on how to complete your log on a COMPUTER or LAPTOP from Mr. Fleming and Ms. Petterson under "FEATURED LINKS" on the portal in the Physical Education 7-8-9 class.

1. Log onto the SD5 PORTAL
2. Go to the Physical Education 7-8-9 class
3. Go to the ASSIGNMENT tab at the top
4. Click on the PE log for WEEK #7
5. Click on **EDIT** or find the three dots (...) to find EDIT then add your information to your PE log
6. It will automatically SAVE online
7. At the end of the week you must hit the yellow TURN IN button

3) Try **Geocaching**! Here is a video on how to geocache and how to set up your account. You will need a phone with data or a GPS. Press CTRL + Click (on a Mac - command + click) on this link below:

<https://web.microsoftstream.com/video/947ec227-8057-4c7e-b6b2-0b8859cf8ca9>

4) **Submit** your completed **Geocaching assignment** to your portfolio on the Portal **OR** your **Physical Activity Log for May 18-25** following these steps:



# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

## Grade 8

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1. Open log in the SD5 Portal under “Assignments” & click on “Physical Activity Log Week 7”
2. Click on the yellow **TURN IN** button (near the bottom of the page).
3. Click on “**COPY to PORTFOLIO**”

**BE: Helpful** People don't always ask for help even when they really need it. Sometimes they are too shy to ask, or too busy to ask, or too proud to ask. Be helpful to someone in your household without being asked to help. Take the initiative (first step) and observe (watch) what kind of reaction you get when you help without being asked. There is no need to post what you did or who you did it for. We hope that the internal feeling of helping someone else is enough to keep you content.

#### ONLINE LEARNING LINKS:

**How to upload things to your portfolio (student portal) – Video – [Adding Items to your Portfolio](#)**

#### MORE MATH -

[Khan Academy](#) - great for review of everything! (Not just math!)

If you want [math worksheets](#) - check out Math Aids to customize your own worksheets.

If you want to play some math games at home, check out [this](#) website. OR learn to play [Cribbage](#) (find your 15's!) or play a game of [501 darts](#) to test your mental math skills.

#### IF you need more ideas/links, check out these:

Interested in art/culture? Check out [this link](#) to online Museum Tours around the world!

Always been interested in what animals do when we're not looking? Check out these [LIVE animal webcams!](#)

[Duolingo](#) learning for those who want to try some language learning!

If you're looking for more... [TedED](#) videos are great!

Looking for MORE? Email a teacher and they will get you started on a passion project!

#### Grade 8 Email Contacts:

##### Classroom Teachers

M. Williams: [Michelle.williams@sd5.bc.ca](mailto:Michelle.williams@sd5.bc.ca)

M. Pocha: [Mena.Pocha@sd5.bc.ca](mailto:Mena.Pocha@sd5.bc.ca)

E. Knudsgaard: [Elaine.Knudsgaard@sd5.bc.ca](mailto:Elaine.Knudsgaard@sd5.bc.ca)

O. Hawke: [Orrin.Hawke@sd5.bc.ca](mailto:Orrin.Hawke@sd5.bc.ca)

##### Student Services Teachers

P. Gray: [Pascal.Gray@sd5.bc.ca](mailto:Pascal.Gray@sd5.bc.ca)

**E.A Support**



# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

Grade 8

## Learning Opportunities for the Week of: May 19-22

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M. Lunan:

C. Wheeler:

S. Nielsen:

L. Cupples:

Click [HERE](#) for a list of all teacher and EA drop in ZOOM hours.

Pathways  
to  
Learning





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S O U T H E A S T K O O T E N A Y

## Grade 8

### Learning Opportunities for the Week of: May 19-22

#### **Mini- Project # 2: Going out to Dinner**

##### *Background Information*

Going out for food can be a fun experience. You spend an afternoon or evening chatting with friends while sharing food and beverages. Many times as you move into your teens and into adulthood, you may wish to split a bill. Servers do not always remember to split the bill for you, so you may have to do a little math yourself. Additionally, you will have to judge service at nicer restaurants to determine the tip. Sadly, in many service industry jobs, staff are underpaid with the expectation that tipping will make up the difference. This is not true in all countries, so if you are travelling outside of Canada make sure you help your parents research tipping customs, however; within Canada tipping is part of the dining experience. In this mini-project, you will practice splitting a bill and tipping at a variety of restaurants. You will need to research menus and tipping practices. If you find coupons for certain restaurants be careful to record these as well as they can save you money! Tip in B.C. ranges from 10-20% depending on service with the average being 15%. We only pay Goods and Service Tax (GST) at restaurants, which is 5%.

##### *Skills Used*

- Adding/Subtracting decimals
- Multiplying decimals
- Dividing decimals
- Research

##### *Major Challenge- Choose your challenge level*

Choose your challenge level and keep careful mathematic notes. You will need to research the cost of different items and plan meals. You will also need to calculate tip & split the bill between your friends or family.

<i>Challenge 1</i>	Choose one fast food restaurant and one nicer restaurant to go out to with 1 other friend. Carefully meal plan and calculate the cost of each person's meal including tip if necessary.
<i>Challenge 2</i>	Choose one fast food restaurant and two nicer restaurants to go out to with 2 other friends. Carefully meal plan and calculate the cost of each person's meal including tip if necessary.
<i>Challenge 3</i>	Choose one fast food restaurant and two nicer restaurants to go out to with 2 other friends. Calculate the tax on the food as well as the tip when appropriate. Try to find at least one coupon that you can use to save you and your friends money.

##### *Parameters*

- Create a summary chart for each meal to show the organized information
- Show work by hand for at least 5 calculations
- Write a statement explaining the hardest and the easiest part of this assignment
- Provide one tip for someone trying to go out for dinner with friends on a budget



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S O U T H E A S T K O O T E N A Y

## Grade 8

### Learning Opportunities for the Week of: May 19-22

## How to Write Slam Poetry: A 9 Step Guide to Writing Your First Slam Poem

(Adapted from: <https://www.digitalpoet.net/how-to-write-slam-poetry-a-9-step-guide>)

### Help with writing slam poetry series

Please raise your hand if you've ever heard someone perform slam poetry, were blown away by it, and then asked yourself "How can I do that? How do I write a slam poem that rocks?"

When you first hear an artist performing [spoken word](#), you're overcome with an extraordinary sense of cultural fusion, killing any inkling of mundane, ambiguous and downright awful views you may have previously established about poetry as a genre.

With the right passion and some [ideas at your disposal](#), you could easily create an engaging slam poem -- all without feeling like it's homework!

Keep reading on, and we'll walk through how to create a good outline to get you started. When we're done you'll know exactly how to create a sexy slam poem that releases your passions, your beasts, your secrets – and your talents!! Ready? Let's dive in.

Step by step guide on how to write a slam poem:

#### *1. Outline your main story, your feelings and your message*

*Before you start diving into any elements or the framework of your first slam poem, you need to get your story and ideas straight.*

*Just like you would sharpen an ax before chopping down a tree, you want to establish the main story and the feelings or message you wish to convey to your audience before you start writing the lines (and chasing rhymes...I've seen a lot of poets try to rhyme before they have their story. Wrong approach).*

What you'll want to do is **think about moments**. This makes things simpler. Think of a moment that touched you, moved you, changed you...something that left an everlasting impression.

Once you have that moment, you can write everything that surrounded it - this is the start of your story. Once you have that story, you can start jotting down examples, lines and ideas to support your story. Think about all the emotions that surrounded it. How did you feel?

Now reach beyond that for details: Were there particular scents in the air? Did you touch something that you



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S O U T H E A S T K O O T E N A Y

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remember (e.g. "As I fell to the floor the carpet was sandpaper..."). Did you taste something, see something, hear something? The more you can incorporate sensory information into your piece, the more your audience will be able to relive it.

Keep track of anything you might decide not to use in this poem so you have some creative ideas for later use (you don't need to elaborate on them just yet, but it's good to have an ace up your sleeve when you realize you love writing slam poetry!).

Keep in mind that this initial step shouldn't be complex.

See - nothing fancy! By keeping design and style out of the picture at the onset of your piece, you can actually focus on your story and message.

#### *2. Decide on your style, tone & voice*

*After you've established your storyline, figure out what type of flow you want your slam poem to take on.*

*When you think about the style you're going to use, keep in mind the story at hand.*

*Is it sad? Is it upbeat? Is it confused?*

*Try to pick a style that aligns with your tone to create a truly unique experience.*

*Or, if you really want to go out on a limb, you can be sarcastic. For example, talk about a totally tragic event but in a happy light.*

Your style and flow should be unique to you.

There are a lot of slam poets out there who try very hard to sound like the next poet.

It can work...at times... it can also be a massive fail.

So think about it – do you want to go free-form? Sound like a rapper? A monologue? A written letter?

Or just a story with babbling?

Whatever you choose as the style for your slam poem, I suggest going back to this step later to try your finished piece in other tones and with different types of delivery.

Finally, style should include the poetic devices you want to use. Repetition, Imagery, Analogies, Rhyme, Alliteration, etc. are all tools that can enhance your piece and, more importantly, put some OOMPH! in your delivery!





# SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

## Grade 8

### Learning Opportunities for the Week of: May 19-22

#### *3. Write a first draft*

Once you know what your story is and you have an idea of the style you want to take on, its time to get to writing.

For beginners, you might try to write your poem like you're writing a short story.

If possible, however, keep the sentences short and choppy.

We've all heard poetry before, so don't take this on like you're oblivious. It's not going to be your final draft, but you want to put quality and a high caliber of thought and effort into this step.

#### *4. Edit your draft with details*

*Once you have a draft that conveys your message and suffices to tell the story you want people to hear, its time to add the Adobo!*

*Go back to your work and first decide if it's all in the right order. Often I move sentences or entire verses to different portions of the poem to add flow to my story.*

*Now think about the types of poetic devices you can and wish to use.*

*Are there areas you can infuse some of them? i.e. is there a fact in there that you can change to an analogy?*

*Are there words you can swap for synonyms to complete a sentence with alliteration?*

*Are there opportunities to create different kinds of rhymes?*

*Think about the slam poetry you've heard and some of the parts of those poems that resonate with you. Were they using repetition or another tool? If it stuck with you, chances are its something that could make your poem more powerful.*

*What you should ultimately be doing here is making your poem sound, well, poetic...for lack of a real definition.*

*Your original draft should look like more marked up than a 3rd grader's essay. I say that because you don't want to erase your original lines (they might come in handy later), but rather keep your original thoughts and words, but use a different color pen or ink and start marking the page up like a teacher. So go 'head, get sloppy!*

*\*Note: If you use MS Word or something like that, use "review" mode and work with showing markup*



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## Grade 8

### Learning Opportunities for the Week of: May 19-22

#### 5. Rewrite a (near) final version

*Using the notes and ideas you just added to version one, re-pen your poem to a much cleaner, much "slammier" version.*

*It shouldn't take long because your words, your ideas, your story, etc. - it's all there already.*

*Once you have that version, begin to read it to yourself. As you're reading, think about your style and ask yourself "is this flowing the way I'd want to hear it?"*

*This is prime-time for quick and dirty edits. You should be making a bunch of small changes, perhaps adding or taking away a couple lines... be sure you note everything!*

*You should read and re-read this back 5 times.*

*Then go away from your poem for at least 24 hours. THIS IS IMPORTANT!*

*Come back to it the next day when you're in a different mood and mind frame, and re-read this version again. Go through the same exercise, changing words and really fine-tuning the piece.*

#### 6. Finalize your piece (i.e. round 1 stage ready)

*Take all the notes you now have on your second version and formulate your stage version. Again, this shouldn't take long given you have all the assets.*

#### 7. Practice, Perform & Perfect!

*Once you have your final version, its time to start reciting it out loud.*

*I usually read my poems over a hundred times before ever performing. This allows me to understand my own intonation, to know where my emphasis is, to capture the pauses and line breaks so I have a flawless flow.*

*You can use a recorder also for this part. Listen to yourself and make notes of things you want to change. With each recital of your piece, you should know more and more the perfect form for your delivery.*

#### 8. Memorize

*Don't get on stage with a piece of paper!*

*You should be connecting with the audience when you deliver your message.*



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S O U T H E A S T K O O T E N A Y

Grade 8

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*If you're reading from a sheet, you are probably losing their attention quickly.*

*You want to have a presence on stage. You're acting. You're living out your feelings. You're going to need your full body to do that - and your two hands.*

*So memorize parts at a time - go from verse to verse. Then try connecting verses. It won't happen overnight, but I promise it will happen!*

*9. Slam, Little Writers, SLAM!*

*I've said it before and it's my favorite part.*

*Last but certainly not least, once you think you're ready, sign yourself up for a slam poetry competition.*

*If you're scared, you can be slightly eased because the audience is forgiving.*

*Oh, and practice will get you better at overcoming the butterflies and buckled knees known as stage fright.*

*If you've had the pleasure of witnessing the Spoken Word and it moved you, hopefully you have some desire to do it yourself. But writing slam poetry can certainly seem intimidating. Hopefully with this guide, you can get yourself started..*

*Have fun!*