



SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

Grade 8

Learning Opportunities for the Week of: April 27 – May 1

Please refer to the learning plan mapped out below to establish a routine for your child during the time away from in class instruction. Please keep in mind your child's learning will look different and is **not meant to be a stressful experience**. Try picking one subject a day!

When **posting work on your portfolio** please **tag** your work with the appropriate subject, **AND title** your work by week of assignment and subject area such as **"Week 4 English"** or **"Week 4 Science"**

*****STEP BY STEP INSTRUCTIONS TO UPLOAD TO THE PORTAL AT THE BOTTOM OF THIS DOCUMENT*****

LITERACY/LANGUAGES (30-45 minutes per day):

TASK: SLAM Poetry!

1. Read and Write:

FIRST I WILL READ... [the Definition](#) of SLAM poetry.

THEN I WILL MAKE A LIST... of the 5 problems I would change about the world (or my world) if I could?

2. Watch:

NEXT, I WILL WATCH... [Touchscreen](#). (video)
Last week I looked at songs and lyrics to give me an idea about spoken, free verse type poetry. I should have found a song or poem with words and lyrics I connected to!
The video above with an example SLAM poem is that, free verse poetry that means something to the author...

AFTER, I WILL... think about what I noticed in the video. I will use these questions to guide my thinking;

- What did I notice?
- How did he perform?
- What did he do to keep my attention?
What was the main topic?
- What was his message he wanted to get across to me or others?

3. Do:

FINALLY I WILL... judge some SLAM poems and make a **Top 3 List**.

NUMERACY (30-45 minutes per day):

TASK: Week Four Math

1. Practice:

FIRST I WILL ... Log into Mathletics and practice 15 mins/day.

I will try to get at least one section of 10 questions completed each day. If I unlock some game time, feel free to play!

2. Check My Work:

NEXT, I WILL... See how I did with last week's question.

- Click on [this link](#) to see the solution to last week's **"Reporting Problem"**. I need to make sure I understand where I made mistakes (if I did!) If I really want to make sure that I understand averages, I can show the problem to someone in my household and teach it to them!

3. FUN Math Project!:

FINALLY I WILL... Work my way through this week's task:

"Mini Project #1 - Decorating a House"

Either check it out on the "Grade 8 Learning Opportunities" Assignments Page on the Portal, or attached to this document (attached at the bottom of the Learning Opportunities).



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STEP 1 – I will use the videos and questions above to make sure I understand what a *SLAM* poem is and think about interests I have so I can eventually write one.

STEP 2 - How to judge a *SLAM* poem. I will look at this [Rubric](#) to use to judge (I need to give it a grade! - a number assigned to each video based on my own opinion)

STEP 3 -Watch these slams and be a judge!

A) [If I Should Have a Daughter](#) (first 4 min- Listen to more if I want more info on *SLAM* poetry)

B) [I Want to Hear a Poem](#)

C) [Totally, Like Whatever](#)

D) [Scratch and Dent Dreams](#)

E) [In Which I Do Not Fear Harvey Dent](#)

STEP 4 -Make a final list of the **top 3 SLAMS** I judged!

STEP 5 - Post assignment with English Tag and Week 4 or date!

FUN EXTRA:

Google some slam poems! Find some good ones to help inspire me so I can eventually write my own *SLAM* poem! Share with friends and family!

TOP 3 LIST DUE Friday, May 8

STEP 1 – **Read** the entire assignment **FIRST** to be sure I understand exactly what is being asked of me (**ASK FOR HELP IF I NEED IT!**).

STEP 2 – **Plan** my ideas.

- Maybe draw a sketch?
- Maybe talk through my ideas with a friend or family member?

STEP 3 - **Work** my way through the sheet.

Don't forget to double check my work!

STEP 4 - **Take a picture** of my finished assignment and **UPLOAD** it to my portfolio on the **PORTAL** when I am done.

If I am unsure how to do this:

1. Ask a friend.
2. Watch the video "[Adding Items To Your Portfolio](#)".
3. Read the step by step "how to upload documents on the Portal" document listed below OR click [here](#).
4. Email a teacher or EA and ask for help!

Due on Friday, May 8th.



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SOCIAL STUDIES:

TASK: Religion: A Force of Change

FIRST I WILL ... read [Written text: Religion-A Force of Change](#)

(Right click-open link to read document)

AND / OR

LISTEN to...Ms. Pocha read 'Religion - A Force of Change' (Right click –open link for audio, **NOTE: you may have to request permission and an email will be sent to your school email address**)

https://sd5bcc0my.sharepoint.com/personal/mena_pocha_sd5_bc_ca/Documents/Attachments/Religion%20A%20Force%20of%20Change.way

NEXT I WILL... Fill in information in a chart.

STEP 1 - EITHER print off the chart for the three religions on the **last page** in *Religion-A Force of Change* (link above) **OR** draw a similar chart and fill in the required information.

STEP 2 - POST this document **OR** take a photo of your chart and post in your Portfolio on the Portal.

FINALLY I WILL ... connect with what I have learned and share it.

In Canada we learn our values from several sources: family, friends, media, and religion. Our mental well-being depends on having someone to turn to during times of uncertainty; religion plays an important role even today.

STEP 1 - answer this **Question**:

- What have you done, or whom have you turned to, to help your mental well-being at this time?

SCIENCE:

TASK: Refraction and Lenses

FIRST I WILL ... Define the following **KEY** terms:

1. What is a lens?
2. What is a converging lens?
3. What is a diverging lens?

NEXT, I WILL... Find **ONE** member of my family who wears eyeglasses and ask why they wear glasses.

AFTER, I WILL... Research online, or ask people I know, to find out more about **WHY** the person I asked needs to wear eyeglasses.

FINALLY I WILL... Answer these questions:

Question 1 – What shape is the lens on the glasses of the person I asked?

Question 2 - Why does the shape of the eyeglasses matter?

Question 3 - Do my eyes each have a lens?

Question 4 - Is the pupil just empty space? Or is it something else?

IMPORTANT: A lens is a transparent object that causes light to refract and has at least one curved side. A converging lens brings parallel light rays toward a common point. The lens has one or two convex surfaces. A converging lens is thicker in the centre. A diverging lens causes parallel rays to spread away from a common point. The lens has one or two concave surfaces. A diverging lens is thinner in the centre.



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STEP 2 - **share** my connection in words, photos, or song lyrics and put this in my Socials portfolio.



OUTDOORS/HEALTHY LIVING:

FIRST I WILL ... Complete the **Physical Activity Log** for **April 27-May 4** for 3 to 6 days.

***To complete the LOG on your PHONE you must first download the FREE Microsoft Word App to your phone.**

STEPS to find your **Physical Activity Log** on the SD5 portal:

1. Go to SD5 website www.sd5.bc.ca
2. Go to “**Utility Links**” (top right-hand side of the page)
3. **Web Sign In** (with your student#@sd5.bc.ca and your password)
4. Go to the **Portal**
5. Scroll to the bottom of the page until you see the PE class:



Physical Education 7-8-9

6. Go to the “**ASSIGNMENTS**” tab at the top of the page

CREATE:

TASK: A Calendar/To Do List – Something To Help Organize Your Life

FIRST I WILL... decide what format I want to use.

Ask myself about how my brain works best.

- Do I like to look at a paper?
- Do I like to work online?
- Do I like to use my phone?
- Do I want to create my own thing?

NEXT I WILL... research types of calendars to find one that best fits my needs.

You can:

- look online for ideas
- fill in an online template
- use my phone
- Design and write out a calendar that will help ME the most.

FINALLY I WILL... make my Personal Calendar



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7. **On a computer** - OPEN the “Physical Activity Log-Week 4-April 27-May 4” by clicking on “EDIT”. **On a phone** - you must hit “DOWNLOAD”.
8. Complete my LOG for 3 to 6 days this week
9. Close the document after it automatically “SAVES”.

NEXT, I WILL... Try the **10 Yoga Challenges** for this week.

Press **CTRL + Click** (**on a Mac** - **command + click**) on this link: [10 Yoga Home Challenges](#)

AFTER, I WILL... Go for **walks or bike rides** and use my senses:

- See
- Hear
- Touch (but not people!)
- Taste (but not people!)
- Smell

FINALLY I WILL... Submit my completed **Physical Activity Log**.

Once my **Physical Activity Log** is complete for the week of **April 27-May 4** follow these **steps**:

1. Open it up in the SD5 Portal under “Assignments” & click on “EDIT”
2. Click on **TURN IN** (near the bottom of the page by May 4.
3. Click on “**COPY to PORTFOLIO**”
4. **Post Title, TAG** “Physical & Health Education” and hit “**SUBMIT**” 😊

STEP 1) Choose/find/make a calendar or agenda book.

STEP 2) Each day write down what subject(s) I chose to complete and what activity(ies) I did.

STEP 3) Keep the calendar/agenda in my “Learning Capsule” (either in the portal or the one you made at your house).

- Each day I will reflect on what I accomplished.
- **REMIND MYSELF!** This does not only need to be working through the Learning Opportunities I have been given each week.
- I need to remind myself that learning happens all the time – when cooking, hiking, watching, observing. I can write down anything that is “new” to me.

Here is an example of a personalized calendar by Mrs. Knudsgaard from a MSWord template from Office 365:

[Student Daily Calendar - from Word Template.docx](#)

*At some point in the future, I may have to refer to it to let my teachers know what learning I have done (either family planned or from these weekly Learning Opportunity guides).



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BE: Well

During this time many feelings may emerge, that maybe we feel 'out of control'. How are you staying well? This does not just mean physically healthy but is about all of you: your mind, your body, your emotions.

Sometimes, but especially these days, when we don't have a purpose each day, we can feel lost. Try setting up a schedule for your next day the night before with an outfit you've chosen. It could look like this:

First hour after I wake up:

- Make my bed & drink water
- Go for a walk outside for fresh air with my dog or a family member

Second hour after I wake up:

- Try a Learning Opportunity or two and add it to my portfolio
- Stretch, do yoga, do as many push-ups as I can

Third hour after I wake up:

- Read a book or do something fun that I like

Fourth hour after I wake up:

Set a word of the day: *What do I want to be today? Confident, Kind, gentle, strong, hopeful, focused, etc...*

ONLINE LEARNING LINKS:

MORE MATH – Project help:

[Khan Academy](#) - search what you need to review. (Example: "Adding and Subtracting Decimals")

If you want [math worksheets](#) - check out this site.

IF you need more ideas/links, check out these:

Duolingo learning for those who want to try some language learning! www.duolingo.com

If you're looking for more... TedED videos are great! www.ed.ted.com

Grade 8 Email Contacts:

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Pathways
to
Learning

