Parkland News

"Expand Your Horizons"

MARK YOUR CALENDAR

Oct 2	Day of Truth and Reconciliation, School Closed
Oct 9	Stat Holiday, School Closed
Oct 10	Student Fees Due
Oct 18	PAC Meeting, 7:00 PM, Library
Oct 20	Pro D, School Closed for Students
Oct 25	Halloween Dance, 6-9 PM,
	Chaperones Needed
Nov 7	Photo Retakes



Friday Rotations

Oct 6	Week 1 Monday
Oct 13	Week 2 Monday
Oct 20	Week 1 Wednesday
Nov 3	Week 1 Thursday

SCHOOL FEES — IMPORTANT INFO CHANGE

School fees are charged to all students to cover the cost of locks, lockers, handbooks and miscellaneous supplies. <u>The cost is \$20</u> and can be paid using School Cash Online or may be paid in the office by cash or cheque. There is an error in our school handbook, but the actual cost is \$20. <u>FEES ARE DUE OCTOBER 10.</u>

STUDENT PICK-UP AND DROP

Due to congestion along 2nd Avenue South we have changed our student drop-off and pick-up area. Please drop-off and pick-up your child in the school parking lot. Follow the signs and please stay to the RIGHT!



A LIMITED NUMBER OF PARKLAND CALENDAR MAGNETS ARE AVAILABLE AT THE OFFICE. HAVE YOUR CHILD PICK ONE UP IF YOU'D LIKE ONE FOR YOUR FRIDGE.



Parkland Middle School 1115 – 2nd Avenue South, Cranbrook, BC, V1C 2B4 Phone: 250-426-3327 Ms. Brenda Tyson – Principal, ext. 21203 Mrs. Pam Drydale – Vice Principal, ext. 21204 Mr. Dan van der Walt—Counsellor, ext. 21209



Check Out Our Web Site pms.sd5.bc.ca

Healthy Conversations (Presented by Laurie Middle School Counselling):

Parkland parents and guardians, please join us for the first parent evening of the year! We are working to support families and students to learn more about mental health, connect with community resources and foster discussions around challenging topics. Every month, parents, students, and community members are invited to join us in the Laurie Middle School Library for an hour of learning and conversation. We will have local experts at every meeting, helping to answer questions and provide valuable information. Our first parent night will be on **Wednesday October 25 from 7pm-8pm** and will explore the topic of **Youth Substance Use.** Theresa Hermary from East Kootenay Addictions will be joining us, and we hope you will as well. If you have any questions, curiosities, or would like to connect about parent nights or any other mental health initiatives, please reach out to Laurie Middle School counsellor, Lauren Gruggen at lauren.aruagen@sd5.bc.ca



Ways to Contact Parkland Counselling Services

Walk-in. Students may, with teacher permission, leave their class and come down to the counselling office. If the counselling door is open, I am available to see them; if it is closed, they can let the office know and I will contact them asap.

Schedule an **appointment** (phone call, Zoom, or face-to-face meeting)

Parents, or students, get to choose the date, time, and type of meeting. Click the QR code above, or link below: ☺

https://parklandcounsellor.weebly.com/ contact.html

Connect by **email** using the following address:

dan.vanderwalt@sd5.bc.ca

Connect directly by phone during school hours – 250 426-3327 ext 21209

Visit the counsellor's **website**:

https://parklandcounsellor.weebly.com



Parkland Middle School offers full-time Youth Care Services to provide various levels of support for students and families. Miss Robin and Miss Kelly are our Youth Care Worker team who help facilitate programs and services including, but not limited to:

YOUTH CARE SERVICES

- Social emotional support and well-being
- Referrals to community supports and services
- Life skills groups
- Access to basic needs items (clothing, hygiene supplies, school supplies, etc.)
- Student food support including facilitation of our breakfast, nutrition break, and lunch programs
- Family food support including Backpack Buddies and Food Recovery Communication between students, parents, and teachers Support with academics and organization skills

Students needing a place to eat breakfast or lunch can join Miss Robin or Miss Kelly in the Youth Care Services room. Both have their FOODSAFE Certification and aim to provide healthy, nutritious snacks and meals for students. Food access is available for all students, whether it be an ongoing need, on a day when lunch may be forgotten, or if they feel they need a little more! We have fruits and vegetables available daily, and a variety of other options such as cheese, yogurt, granola, crackers, boiled eggs, toast, cereal, bagels, cream cheese, and more! Every child is welcome, and the youth care space is a great place to connect with others.

Parents are welcome to call, email, or stop by the Youth Care offices at any time to discuss their child's needs. Please feel free to reach out to:

Robin Priore email: <u>robin.priore@sd5.bc.ca</u> phone: 250 426-3327 ext.21212

Kelly Fentieemail: kelly.fentie@sd5.bc.caphone:250 426-3327ext.21231

2022-2023 YEARBOOKS

Parkland yearbooks for the previous school year were handed out over the last 2 weeks. Grade 10 students can pick their copies up at MBSS. All students will be notified via school announcements when it is time for them to pick-up their copy.





PARKLAND PAC IS ON FACEBOOK

Please visit our PMS website and click the link for the PARKLAND PAC and request to join the group.

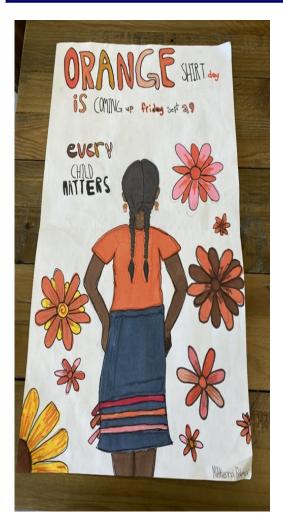
KidSport[™] Canada



Since 1993, KidSport has helped over 965,000 kids across

Canada get into the game with more than \$92 million in registration fees and equipment costs. The reality is that cost keeps 1 in 3 Canadian children out of sport. Together, with our network of local chapters, KidSport Canada is helping families overcome financial barriers, So ALL Kids Can Play! If you have questions, please contact Brenda Tyson.

https://kidsport.smartsimple.ca/s_signup.jsp?token=XVtQC1oGYF9RSxteXxJWQlFUZEI8H3A%3D



The Indigenous Education Department would like to welcome students and families to Parkland! I am Johanna Kinsman, Indigenous Support Worker at Parkland Middle School. Please come and visit me in the Indigenous Welcoming Space, just off the library. I was pleased to meet with so many families at the Open House.

I am excited about this year! Students will have the opportunity to join Indigenous Leadership Group and meet with Elders and Community Members. We will have Elders visiting classrooms and Indigenous activities that support our curriculum.

If you have any activities or sharing of materials or presenters, please let me know. You may contact me any time at 250-426-3327 Extension 21211 or 250 417-7323

Sincerely, Johanna Kinsman

Ki🛿su🖾k kyukyit Respectfully acknowledging we are living on the Ktunaxa homelands