



# CRANBROOK FREE FOOD

Updated March 2023

FOOD BANK: 1624 Industrial Road #2 **426-7664**

STREET ANGELS: 46-17<sup>th</sup> Ave S **420-2756**

ANKORS: 1324-2<sup>ND</sup> St N **426-3383**

SALVATION ARMY: 533 Slater Rd **426-3612**

St. Aidan Orthodox: 201-7<sup>th</sup> Ave S **420-1582**

St. Mary's Church: 39-10<sup>th</sup> Ave S **426-4266**

**MOBILITY ISSUES? FOOD BANK:** Deliveries available **SALVATION ARMY:** Home-cooked meals (fresh & frozen)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><b><u>BEVERAGES, SNACKS</u></b>  <b>Salvation Army:</b> 9:30-11am  <b>ANKORS:</b> 9:00am -2:00pm</p> <p><b><u>BREAKFAST</u></b>  <b>Christ Church:</b> 7:30 – 9:30am            (46 – 13<sup>th</sup> Ave S)  <b>St. Mary's Church:</b> 8-10am            (**3<sup>rd</sup> Monday of every month +            small food hamper)</p>	<p><b><u>BEVERAGES, SNACKS</u></b>  <b>Street Angels:</b> 9am-6pm  <b>Salvation Army:</b> 9:30-11am  <b>ANKORS:</b> 9:00am -2:00pm  <b>Food Bank:</b> 9-12:30pm</p> <p><b><u>BREAKFAST</u></b>  <b>Street Angels:</b> 9-10am</p>	<p><b><u>BEVERAGES, SNACKS</u></b>  <b>Street Angels:</b> 9am-6pm  <b>Salvation Army:</b> 9:30-11am  <b>ANKORS:</b> 9:00am -2:00pm</p> <p><b><u>BREAKFAST</u></b>  <b>Christ Church:</b> 7:30 – 9:30am            1<sup>st</sup> and 2<sup>nd</sup> Wed. every month            (46 – 13<sup>th</sup> Ave S)</p>	<p><b><u>BEVERAGES, SNACKS</u></b>  <b>Street Angels</b> 9am-6pm  <b>Salvation Army</b> 9:30-11am  <b>ANKORS:</b> 9:00am -2:00pm</p> <p><b><u>BREAKFAST</u></b>  <b>Street Angels:</b> 9-10am</p>	<p><b><u>BEVERAGES, SNACKS</u></b>  <b>Street Angels:</b> 9am-6pm  <b>Salvation Army:</b> 9:30-11am</p> <p><b><u>BRUNCH</u></b>  <b>ANKORS</b> 11:30am-1:30pm</p>	<p><b><u>BEVERAGES/ SNACKS</u></b>  <b>Street Angels:</b>            11 am – 6 pm</p>
<p><b><u>FOOD BANK</u></b>  <b>Bread Shed Open 24/7</b>  <b>Shopping Appts</b> (food for ~5 days) Fresh veg/fruit, dairy, eggs, meat, non-perishables, toiletries, baby            *Every two weeks if needed            Phone 9:30am-11:30 pm M W F to book an afternoon pick up time</p>	<p><b><u>FRESH FOOD GIVEAWAY</u></b>  <b>(bring your own bag)</b></p> <p><b>Salvation Army</b>            12:00pm</p>	<p><b><u>FOOD BANK</u></b>  <b>Bread Shed Open 24/7</b>  <b>Shopping Appts</b> (food for ~5 days) Fresh veg/fruit, dairy, eggs, meat, non-perishables, toiletries, baby            *Every two weeks if needed            Phone 9:30am-11:30 pm M W F to book an afternoon pick up time</p>	<p><b><u>FRESH FOOD GIVEAWAY</u></b>  <b>(bring your own bag)</b></p> <p><b>Salvation Army</b>            12:00pm</p>	<p><b><u>FOOD BANK</u></b>  <b>Bread Shed Open 24/7</b>  <b>Shopping Appts</b> (food for ~5 days) Fresh veg/fruit, dairy, eggs, meat, non-perishables, toiletries, baby            *Every two weeks if needed            Phone 9:30am-11:30 pm M W F to book an afternoon pick up time</p>	
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# FOOD PANTRIES

## Cranbrook Locations:

1. 1962 Kokanee Cres.
2. 111 - 8<sup>th</sup> Ave S. (across from old Food Bank)
3. 126 - 17<sup>th</sup> Ave S. (back lane 17A Ave S)
4. 33 - 724 Innes Ave
5. 421 Briar Ave N

