

# FERNIE SECONDARY SCHOOL

102 Fairway Drive – Box 370  
Fernie BC V0B 1M0  
Telephone: (250)423-4471  
Fax:(250) 423-4004



“Home of the Falcons”

## NEWSLETTER # 7 – December 6, 2017

Website: <http://www.sd5.bc.ca/school/fss/Pages/default.aspx>

If you wish to receive the newsletter by e-mail, please make sure we have your address! E-mail your address to: [fss.mailing@sd5.bc.ca](mailto:fss.mailing@sd5.bc.ca). All Newsletters can be viewed on the FSS Website.



### PARENT REMINDER FROM THE OFFICE...

*For attendance purposes, please notify the office @ 250-423-4471 or email [fss.mailing@sd5.bc.ca](mailto:fss.mailing@sd5.bc.ca) if your child will be away from school for any reason. It is also important to contact the teachers for homework. To contact any staff member in our school please email by using: [firstname.lastname@sd5.bc.ca](mailto:firstname.lastname@sd5.bc.ca)*

*If there are ANY changes in your personal contact information (phone number, addresses, email, etc.) or your child's medical information, please let the office know by emailing: [fss.mailing@sd5.bc.ca](mailto:fss.mailing@sd5.bc.ca)*

**Student fees** of \$15.00 are now due. All students of FSS must pay these to cover the costs of lock and lockers \$5.00, agendas \$6.00, and student council fees \$4.00

**\*Please make cheques payable to Fernie Secondary School\***



### DECEMBER

Dec. 13	Wed	-School Dance
Dec. 14	Thurs	- Band Christmas Concert 7:00 PM Traynor Hall
Dec. 18	Mon	-PJ Day
Dec. 19	Tues	-Meme Day
Dec. 20	Wed	-Holiday Color Day
Dec. 21	Thurs	- Ugly Christmas Sweater Day
	Thurs	- SNOW KING & QUEEN PAGEANT
Dec. 22	Fri	- No School in Session

### Dec. 25 – Jan. 5 - Winter Vacation

### JANUARY

Jan. 8	Mon	- School back in session
Jan. 17	Wed	- Grad Meeting 7:00 PM Drama Room



**YEARBOOKS**

*We are now selling the 2017-2018 yearbooks. The cost is \$40.00 to the first 100 sold and then the price goes up to \$50.00.*

*International students are \$60.00 (includes shipping).*

**A Little Winter Night Music**

We invite all parents to enjoy the Fernie Secondary Band Concert at 7pm, December 14<sup>th</sup>. Entry is by donation in Traynor Hall.

For Band Parents:

- performers should be in the band room between 6:30-6:45
- performers should wear all black or as close as they can

We look forward to seeing you there.

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**Principal's Message**

On behalf of all of us at Fernie Secondary School and Kootenay Discovery School, we would like to wish each of you a safe, relaxing and enjoyable holiday season.

The first four months have certainly flown by! It is hard to believe that 2018 is just a few weeks away. For our Grade 7, 8, and 9 students, when you return in the new year, you will have four weeks to finish up your electives (with the exception of Band), and also to get caught up in your school work prior to the end of Term Two! For our Grade 12 students, Provincial Exams will be taking place during the last week of January – so hopefully you come back after the holidays ready to work hard. Grade 10, 11 and 12's Semester Two will begin on January 29, 2018. The New Year will also mark the beginning of "Grad Season" with our first Grad Meeting scheduled for January 17<sup>th</sup> at 7:00 in the Drama Room. I look forward to working with this year's graduates, and their families, to help to ensure that Grad 2018 is a success.

Again, we wish all of you a safe and happy holiday season and look forward to seeing everyone on January 8, 2018.

**Thoughts from the VP...**

It is almost time for winter break. During break I hope students, parents, and entire families consider two things: how much time is spent on electronics and how much time is spent playing? As life has become more structured with single sport athletes, academic pressures, work, and time spent on personal electronic devices many youths are missing out on play. With less play researchers have documented a rise in mental health problems – such as anxiety and depression. Adding to the concerns of less play are the reservations with too much time spent on electronics. Screen time is sedentary, it correlates with increased obesity, sleep problems, and depression. Without a doubt, computers and personal devices have become a large part of our school and working lives, they are effective and great tools. However, just like all things in life, moderation is key. If computers and electronics are being used much of the day at school and/or work, it only reasons that a break is needed at night and on weekends. Play brings the benefits of fostering social-emotional skills and cultivating creativity. To be precise play fosters creative thinking, problem solving, independence and ownership of one's own time. Play also brings opportunities for physical fitness and creativity. Play simply means unstructured time - it is social and youth should have to decide how to be creative in filling this time. Being in Fernie we get to live in the mountains with a ski hill, trails, woods, town parks and the many outdoor spaces allowing for endless opportunities to play. For winter break I wish all students and their families find time to play! Unstructured time indoors or out, away from electronics, and enjoying the wonders of personal creativity. I know I will be out playing and I hope to see you out playing as well.

# WorkBC

## FIND YOUR FIT



## TOUR

# EXPLORE IN-DEMAND CAREERS



***The WorkBC Find Your Fit tour is coming to your community.***

The WorkBC *Find Your Fit* tour is an interactive event where youth (Grade 5 and up) can try the skills they'll need for different careers in demand in your region and across the province.

This hands-on program will help youth apply real life experiences to their career planning.

Parents and family members are welcome. There is no cost for this event.

WHERE: Fernie Secondary School  
102 Fairway Dr Fernie BC

DATE: February 27, 2018

**STUDENT TEACHERS ONLY**

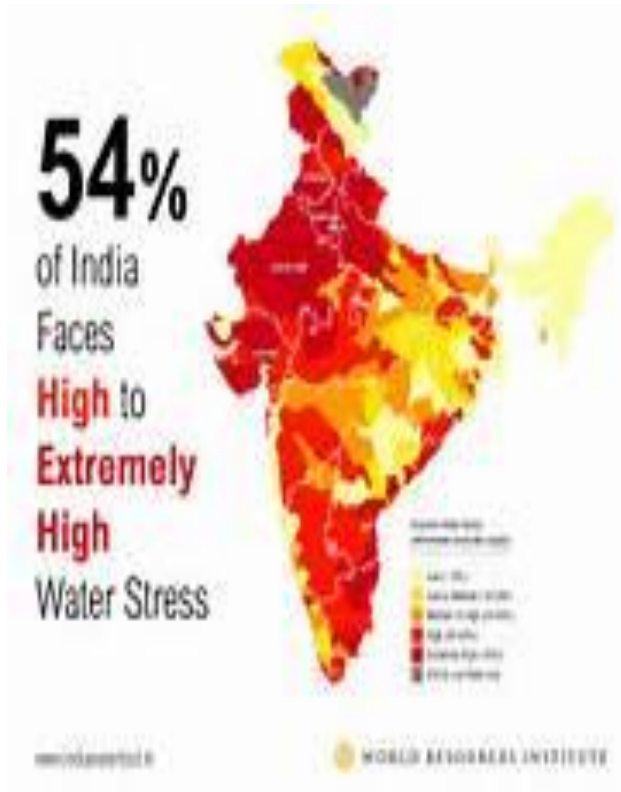
8:39 AM - 3:10 PM

**PARENTS & COMMUNITY MEMBERS**

3:30 PM - 7:00 PM

***Request an event for your community at [WorkBC.ca/FindYourFit](http://WorkBC.ca/FindYourFit)***

## Junior Student Council News



The council has chosen its annual global charity:  
**The Water Crisis in India**

The water crisis is real. It's affecting women, children, families and farmers. Women and girls in sub-Saharan Africa are spending hours a day fetching dirty water which leads to illness and disease, robbing entire communities of their futures. Lack of access to safe water and proper sanitation limits [education](#) and food production, it harms health and leads to a cycle of poverty.

Money will be raised throughout the year in numerous ways in conjunction with both the Jr. and Sr. Council. Thus far we have raised \$160 from the November Bake Sale and the WE ARE SILENT day campaign.