

École Isabella Dicken Elementary School

1302 2nd Avenue, Fernie BC

<http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

T: 250-423-4651

Principal's Message



Once we get over the excitement of starting a new school year in September, October is the month when we settle in to our routines and rhythms of the school. It is also a time when we revisit our School Goals. Last year we began our first year of a three year overall goal to focus on Social Emotional Learning. As part of this goal last year, we focused on the practice of **gratitude**. This year we will be focusing on **belonging**. We know from research that academic performance and motivation is correlated with feelings of belonging at school and we want all of our students, staff and parents to feel like they belong at ÉIDES.

Over the next month we are looking forward to gathering in our Totem Teams for Take Me Outside day, having an Art Starts Performance by Zac Gauthier, Halloween activities, and taking time to reflect and recognize Remembrance Day. We will also be having our first round of Communicating Student Learning and Early Dismissal (2:05 pm) days from October 21st to 24th to facilitate student-led/parent-teacher conferences and open house meetings.

On Thursday, November 7th at 11:00 am our entire school will once again meet with staff and students from Fernie Secondary School in their gymnasium for a combined Remembrance Day Assembly. Parents are invited to join us as we honour our veterans and remember the sacrifices made for us.

Notes From Our Office

Weather

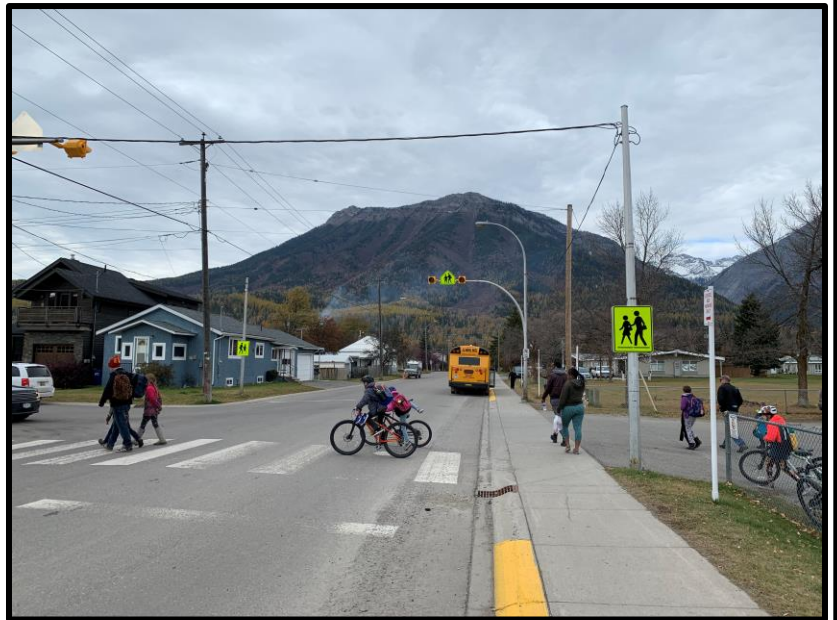
Now that the cooler and wetter fall weather is here, it's a good time to remind students to dress appropriately for the weather as we still embrace the outdoors for mornings, recess and lunch throughout the fall and winter. It is our policy to stay outdoors unless the temperature is -20° Celsius or colder. Rainy days also don't stop us from going outside, so please make sure your child has raingear and waterproof boots. Of course monsoon rains and the wind chill factor will be taken into consideration and keeping students indoors will be at the discretion of the Principal. When cold weather persists for several days, we do allow the children to stay in, but will send them out for 15-20 minutes only, just so they get a little fresh air and exercise. We find that students become very restless if they stay in too often.

ÉIDES is a "PEANUT & NUT FREE" School.

PLEASE DO NOT send ANY product to school that contains peanuts or nuts. ÉIDES has several children and staff who have a severe life-threatening food allergy (anaphylaxis) to peanuts and nuts, which can cause a severe reaction to specific foods and can result in death within minutes.

Crosswalk Safety

The new crosswalk lights have been installed on 13th street and it has caused some confusion for students and drivers which has us concerned for the safety of pedestrians. Parents please help us to teach our students to use the crosswalk safely. They have been taught to push the crosswalk button, wait until the lights are flashing and all cars in the area have stopped before crossing. Parents can help reinforce this by **modelling** these steps every time you use the crosswalk. If you are driving please do not wave a child through the crosswalk. We want them to go when they feel safe based on the flashing lights and stopped cars. Just a reminder as well that it is a 30 km/hour zone around the school.



School Clothing Orders

PAC representatives will be sending home school clothing orders next week for those who are interested in purchasing T-shirts, hoodies, toques, etc. Over our early dismissal days from Oct 21- 24th a table will be set up with sample sizes for students to try on so that you no longer have to visit Giv'Er Shirt Works or guess on what size to buy. Clothing orders will be due back Wednesday, November 6th.

IDES CLOTHING ORDER OPTIONS 2019/20

TOQUES ARE ONE SIZE



C105 Skull Cap Toque
Logo Embroidery
\$11



C112 Slouchy Toque
Logo Embroidery
\$11



9P184M Pom Pom Toque
Logo Embroidery
\$20



Gildan 18500(B) Pullover Hoodie
Front Print
*Youth S-XL
*Adult S-2XL
\$30
ADD NAME, SPORT OR PAW PRINTS
TO HOODIE SLEEVE \$5



Gildan 18600(B) Zip Hoodie
Back Print
*Youth S-XL
*Adult S-2XL
\$33
ADD NAME, SPORT OR PAW PRINTS
TO HOODIE SLEEVE \$5



Gildan 2000(B) T-shirt
Front Print
*Youth XS-XL
*Adult S-4XL
\$15



Gildan 182(B) Elastic Bottom
Sweatpants
Paw Prints + 'Panthers'
*Youth S-XL
*Adult S-2XL
\$26



L221 - Left chest Embroidery
*Adult S-4XL
\$40



F222 - Left chest Embroidery
*Adult S-4XL
\$40



ATC 54007 - Left chest Embroidery
*Adult S-4XL
\$28

Halloween

We love to have fun on Halloween at ÉIDES and many students and staff choose to wear a costume! However, when you are planning costumes please remember that we have children as young as four in our school and many Strong Start toddlers. We ask that costumes with blood or gore are left at home as well as face masks. Please talk with your child's teacher before bringing any treats to school for the class. We often get way more sugary treats than we like. Also, we ask that candy from Trick-or-Treating stays at home and is not sent in lunches for school.



Inclusive Athletics

Thank you to Helen McAllister, Pediatric Physiotherapist with Interior Health, for giving our students the opportunity to learn about and play some wheelchair sports. Through Let's Play BC, Ms. McAllister brought six sport wheelchairs to our PE department giving all of our students the chance to learn more about inclusion, abilities and physical literacy in Physical Education.



Fire Chief for the Day

Levi, Ike and Georgia were the lucky ÉIDES students who had the opportunity to be Fire Chief for the day on October 10th. They spent the day with our local Fire Fighters and even had the chance to supervise a fire drill as it was happening at our school. We are very grateful to our local Fire Department for all the effort they spend in September teaching our primary students the Learn Not To Burn and Fire Safety Programs.

Moustache Monday

Once again our students did an outstanding job of fundraising for the Terry Fox Foundation. Since the fundraising target of \$5000 was met, and surpassed, staff and students donned their moustaches and took on the challenge of a three-legged race.

Congratulations goes out to our winners: Mrs. Jackson and Mrs. Degagne. In total \$6788 was raised by our ÉIDES students in the month of September for our Terry Fox Run.



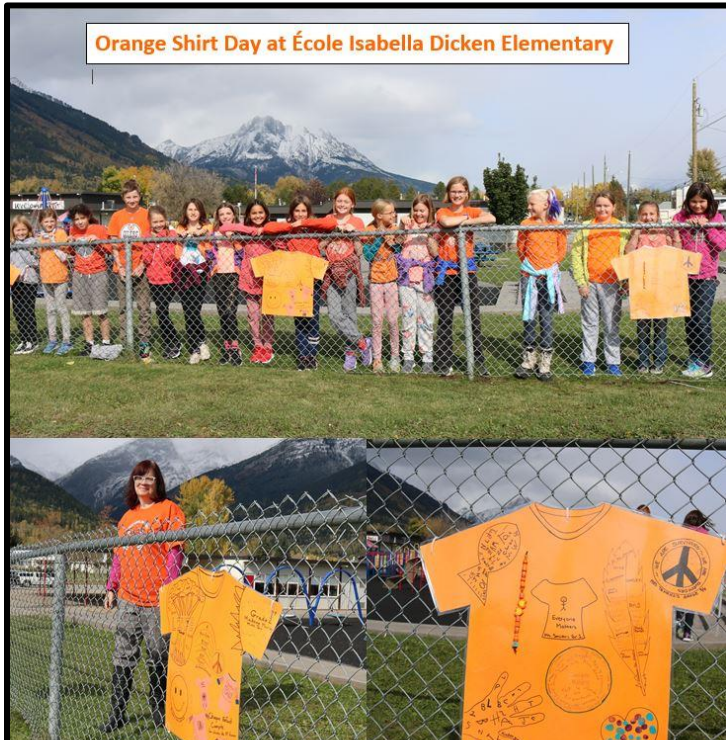
Soccer

On October 17th we hosted the SD 5 Elk Valley School's Soccer tournament. Teams from Jaffray, Sparwood and Elkford joined us for the day for some fantastic soccer competition.

A big thank you to our coaches: Mrs. Ingram, Mrs Sweet, Mrs. Sutherland (girls) and Mrs. Hickerson and Mr. Joynes (boys) and to Mrs.

Wigglesworth (and her concession helpers) for making sure this tournament could happen on the most beautiful day this fall! We are very proud of all the players for their incredible school spirit, sportsmanship, athleticism and soccer skills. Both the girls and the boys' team placed first overall in the tournament! Go Panthers!





Orange Shirt Day at École Isabella Dicken Elementary

Leadership students led by Mrs. Kuijt and Mrs. Conlin along with our Aboriginal Education Support worker Mrs. Peter, promoted **Orange Shirt Day** on September 30th



Art Spotlight: Fall Trees
Paintings by Mrs. Jackson's grade 3 class.

Dates To Remember

October

Monday, Oct 21

Wednesday, Oct 23

Mon –Thurs. Oct 21-24

Friday, Oct 25th

Art Starts Performance "Bring The Noise"

Take Me Outside Day: Totem Team Activity for ALL Staff and Students

Early Dismissal 2:05 pm

No School, Professional Development Day

November

Tuesday, Nov 5th

Thursday, Nov 7th

Friday, Nov 8th

Monday, Nov 11th

Friday, Nov 22nd

PAC Meeting in School Library

Remembrance Day Assembly at FSS 11:00 am

No School

No School, Remembrance Day Stat Holiday

No School

December

Wednesday, Dec 4th

Thursday, Dec 5th

Friday, Dec 6th

Friday, Dec 13th

Wednesday, Dec 18th

Monday Dec 23- Jan 3rd

Elk Valley Schools Volleyball Tournament (Elkford)

Eagle Bear Spirit Drumming Performance

No School, Professional Development Day

Written Report Cards go home today

Christmas Concert at FSS


Christmas Break: NO School

SD5 Annual School Calendar: <http://www.sd5.bc.ca/school/ides/About/calendar/Pages/default.aspx>

ÉIDES School Calendar on Website: <http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

Prevent It!

Taking Action to Stop Child Sexual Abuse



Little Warriors is proud to offer Prevent It! Taking Action to Stop Child Sexual Abuse workshop in your community.

Elkford Community Conference Centre
Sat. October 26th 1:00pm - 4:00 pm.
 This workshop is FREE and for anyone 18+ wanting to learn to prevent Child Sexual Abuse. Register by emailing Kate McDermott at elkvalleysaip@gmail.com

For more information visit www.littlewarriors.ca or email PreventIt@littlewarriors.ca

LITTLE WARRIORS

Charitable #: 84568 3168 RR0001

Facebook.com/littlewarriors @LittleWarriors LittleWarriorsCanada

Welcome the World to the Elk Valley!



Host an International Student in Your Home!

The Rocky Mountain International Student Program (RMISP) invites families in Fernie and Sparwood to host one or two international students starting in September. Students from Japan, Spain, Mexico, Australia and Germany, will be studying in Grades 8 to 12 at Fernie and Sparwood Secondary Schools for between 3 months and one school year (10 months).

Host families come in all shapes and sizes from nuclear families with school-aged children to retired couples and single parents. Host families receive a reimbursement of \$750 per month per student and weekend and/or vacation coverage is available.

Hosting international students is a rewarding opportunity to make lifelong friendships reaching across oceans. Placements for students arriving in September are arranged in June, so please contact us right away to get involved.



Rocky Mountain International Student Program
 Ulli Murtagh
 Program Coordinator
 250-432-5904 / ulli.murtagh@sd6.bc.ca



www.rminternational.ca
 GOLDEN • INVERMERE • KIMBERLEY • CRANBROOK • FERNIE • SPARWOOD • REVELSTOKE

FERNIE EARLY YEARS FAMILY CONNECTIONS

A free education and support program for parents and families raising children under 6.

We Offer:

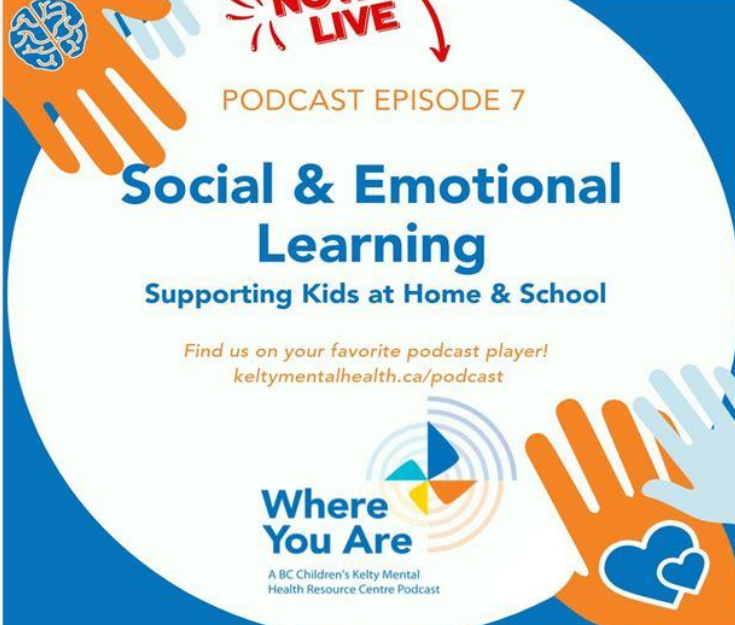
- Weekly drop-in program
- Resources and Information
- Guest speakers with new topics each week
- Opportunities to connect with other parents
- Refreshments

StrongStart Room at IDES
 Children Welcome (but no structured play)

Tuesdays and Thursdays
 1-3 pm

FREE DROP-IN

For More Information:
facebook.com/ferniefamilyconnections
fwrcshaw.ca | 250-423-4687



PODCAST EPISODE 7

Social & Emotional Learning

Supporting Kids at Home & School

Find us on your favorite podcast player!
kelytmentalhealth.ca/podcast

Where You Are
 A BC Children's Kelty Mental Health Resource Centre Podcast

Social and Emotional Learning (SEL) is a hot topic in schools and parent communities right now. Our guests Gail Markin (*parent, school counsellor and District SEL Lead*) and Dr. Kimberly Schonert-Reichl (*Psychologist, Professor and world renowned SEL expert*) unpack what parents and caregivers can do to support SEL at home, as well as learn about the role of schools in promoting SEL.

Listen today!

[Kelty Mental Health.ca](http://KeltyMentalHealth.ca)